Please read editor’s note regarding immediate rumor control issue (March 15, 2011)

NEWS RELEASE
FROM THE COUNTY OFFICE OF EMERGENCY SERVICES and
THE COUNTY PUBLIC HEALTH DEPARTMENT

Contact: Ron Alsop, Emergency Services Manager, Office of Emergency Services (805) 781-5011
Michelle Shoresman, Public Health Emergency Preparedness Program Manager,
(805) 788-2067

County Provides Potassium Iodide Information

San Luis Obispo, CA, March 15, 2011 – As a result of a number of inquiries from the public to the San Luis Obispo County Public Health Department and the Office of Emergency Services regarding potassium iodide, County Public Health and the Office of Emergency Services are providing the following information.

Potassium iodide is not an “anti-radiation” pill. It is a supplemental protective measure, secondary to evacuation or sheltering in place. Evacuation and sheltering in place remain the primary protective actions during a radiological emergency.

Potassium iodide protects the thyroid gland by satisfying its requirement for iodine. When taken under the direction of state or local public health officials, potassium iodide is absorbed into the thyroid gland, thus protecting it from absorbing any radioactive iodide.

Where Can I Get Potassium Iodide?
Potassium Iodide continues to be available for residents who live or work in the Emergency Planning Zone (EPZ) surrounding the Diablo Canyon Power Plant. San Luis Obispo County residents who live or work in the Emergency Planning Zone can bring in their voucher to pick up their free potassium iodide supply. The voucher is also available on the County’s Public Health website.

Locations currently distributing Potassium Iodide to EPZ residents:
San Luis Obispo Office, 2191 Johnson Ave., San Luis Obispo (805) 781-5500
Grover Beach Office, 286 S. 16th St., Grover Beach (805) 473-7050
Potassium Iodide is also widely available from commercial manufacturers:
Iosat (866) 463-6754   http://www.anbex.com/
ThyroShield (636) 343-8200   http://www.thyroshield.com

How do I know if I live in the Emergency Planning Zone?
An EPZ map is available on the San Luis Obispo County Office of Emergency Services website at www.slocountyoes.com or you can refer to the full size version of the AT&T phone book with information beginning on page A22.

When should I take Potassium Iodide?
Potassium Iodide should only be ingested at the direction of the County Health Officer. Potassium Iodide is only a supplementary protective measure. Evacuation or Shelter-in-Place is the primary public safety measure. If the County Health Officer deems the ingestion of potassium iodide appropriate following a release of radiation in SLO County, the public will be alerted through the Emergency Alert System.

Will potassium iodide be needed due to the emergency at the Japanese nuclear power plant?
No, potassium iodide is not needed due to the emergency in Japan. You will only be advised to ingest potassium iodide following a release of radiation from Diablo Canyon Power Plant. Any release of radiation from nuclear power plants in other regions cannot emit radiation at levels that would necessitate the ingestion of potassium iodide by residents of San Luis Obispo County.

Since Potassium Iodide is not needed due to the emergency in Japan, should I still come pick it up? Yes, we encourage residents who live in the Emergency Planning Zone to be prepared should an emergency occur at Diablo Canyon Power Plant. Residents should store their potassium iodide with their emergency kit and be prepared to ingest it should the County Health Officer advise doing so following a radioactive release from Diablo Canyon.

What if I do not live or work in the Emergency Planning Zone?
If you live or work outside of the Emergency Planning Zone you are not expected to need potassium iodide following an emergency at the Diablo Canyon Power Plant. You may choose to purchase potassium iodide through a commercial manufacturer.

EDITOR’S NOTE: We have been informed at least one – and possibly more - local radio station is stating potassium iodide is available at the Sheriff’s Department and citizens have physically showed up at the Sheriff’s Department on Kansas Avenue. We are asking media to please notify the public potassium iodide is not available at the Sheriff’s Department and to note the locations in this news release where it is available. Thank you. /Ron Alsop
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Revised and Updated Information - Potassium Iodide

San Luis Obispo, CA, March 16, 2011 – Due to continuing inquiries from the public regarding the
acquisition and use of potassium iodide (KI), County Public Health and the Office of Emergency
Services are providing the following updated information.

CLARIFICATION: Potassium iodide is only available to those who live and work within the Diablo
Canyon Emergency Planning Zone (Protective Action Zones 1-12). If you are unsure whether you live
in the Emergency Planning Zone, you can view the map featured at:
http://www.slocounty.ca.gov/OES/emergencyinfo.htm For those residing outside of the Emergency
Planning Zone, potassium iodide is available for purchase online or through a variety of other sources.

NEW: Due to reports of individuals obtaining potassium iodide for resale purposes, distribution will be
limited to one box per household. This amount is sufficient to supply five adults or a household of two
adults and six children.

REMINDER: PLEASE DO NOT INGEST ANY KI UNLESS ORDERED BY THE COUNTY
HEALTH OFFICER. Potassium iodide is only a supplementary protective action that may be
recommended should a radioactive release occur at Diablo Canyon Power Plant.

There is no recommendation to obtain or ingest KI as a result of recent incidents in Japan.

Five locations continue to distribute KI to residents of the Emergency Planning Zone (Protective Action
Zones 1-12):

San Luis Obispo Office, 2191 Johnson Ave., San Luis Obispo (805) 781-5500
Grover Beach Office, 286 S. 16th St., Grover Beach (805) 473-7050
Dana Nelson's HealthPlus Pharmacy, 948-A East Foothill Blvd., San Luis Obispo (805) 543-5950
Medicine Shoppe, 1199 Los Osos Valley Rd., Los Osos (805) 528-1447
BestCare Pharmacy, 1051 East Grand Ave., Arroyo Grande (805) 481-1961

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